

Bwydlen Cinio - Lunch Menu

Please note that dishes marked with (V) are suitable for Vegetarians.

All known Allergens present in dishes are marked with the following: (G) Gluten (D) Dairy (M) Mollusc (Mu) Mustard (E) Egg (C) Crustacean (Ce) Celery (So) Soya (Su) Sulphites (F) Fish (Se) Sesame (N) Nuts (*) May contain known allergens..

However, if you require further information on the allergen content or require gluten free bread or wrap with your meal please ask a member of staff and they will be happy to advise you!

Vegan meals available.

GFA –Gluten Free Option Available

Prydau i ddechrau a byrbrydau – Starters & nibbles

Cawl cartref y dydd, gyda bara crystiog a menyn ...£5.75

Homemade soup of the day served with crusty bread and butter (V)(D,G,Ce,*)(GFA) ...£5.75

Dysgliad o gregyn gleision 'Moules Marinere' gyda bara crystiog...£11.95

Bowl of mussels 'Moules Marinere' served with crusty bread (M,Ce,D,G,*)(GFA) ...£11.95

Parsal cig selsig a nionod wedi eu caramelleiddio ar ddail cymysg a balsamic...£5.50

Sausage meat and caramelised onion parcel on mixed leaves and balsamic (G,E,Su,So,Mu)...£5.50

Parsal brie, mêl a llugaeron wedi ei bobi ar ddail cymysg a balsamic ...£5.25

Baked brie, honey and cranberry parcel on mixed leaves and balsamic (G,E,D,Su) ...£5.25

Goujons cyw iar deheuol wedi eu ffrio gyda saws tsili melys a dail cymysg ...£7.95

Southern fried chicken goujons served with a sweet chilli dip and dressed leaves (G,Ce,Mu,*) ...£7.95

Prif Gwrs – Main Meals

Golwyth Syrllwyn 8oz gyda tomato, madarch, cylchoedd nionod, salad a dewis o datws...£27.25

8oz Sirloin steak with grilled tomato, mushrooms, onion rings, salad and a choice of potatoes (G,Mu) (GFA)...£27.25

Golwyth cig moch gyda wŷ wedi ffrio, pinafal, pys gardd a dewis o datws...£17.95

Gammon steak topped with fried egg, pineapple, garden peas and a choice of potatoes (E)...£17.95

Byr gyr cig eidion budur gyda caws, cig moch, cylchoedd nionod, gherkins a salad wedi ei weini gyda cholslo a sglodion...£16.25

Dirty beef burger with cheese, bacon, onion rings, gherkins and salad, served with coleslaw and chips (G,Su,D,Mu,E,*)...£16.25

Byr gyr cyw iâr budur gyda caws, cig moch, cylchoedd nionod, gherkins a salad wedi ei weini gyda cholslo a sglodion...£15.95

Dirty chicken burger with cheese, bacon, onion rings, gherkins and salad, served with coleslaw and chips (G,Ce,So,E,D,Mu,*)...£15.95

Byr gyr llysiau moethus gyda sglodion a salad...£12.25

Luxury vegetable burger served with chips and salad (V)(G,*)(VEGAN)...£12.25

Selsig porc Cigoedd y Llain ar wely o datws stwnsh wedi ei weini gyda greifi a phys gardd ...£11.95

Cigoedd y Llain pork sausages on a bed of mashed potatoes served with gravy and garden peas (G,D,Su,Ce,*) ...£11.95

Cyw iâr yr heliwr wedi ei weini gyda sglodion a phys o'r ardd...£13.50

Hunter's chicken served with chips and garden peas (D)...£13.50

Cyri y dydd gyda reis, sglodion neu hanner a hanner...£13.95

Curry of the day served with rice, chips or half and half (See specials) ...£13.95

Penfras mewn cyteu Cwrw Llŷn wedi ei weini gyda sglodion a phys gardd neu bys slwj ...£16.50

Cod fillet deep-fried in Cwrw Llŷn batter served with chips and garden or mushy peas (F,G) ...£16.50

Scampi wedi ei weini gyda sglodion a phys o'r ardd neu bys slwj...£12.95

Wholetail scampi served with chips and a choice of garden or mushy peas (G,C,*) ...£12.95

Dhansak tatws melys wedi ei weini gyda reis, sglodion neu hanner a hanner ...£11.25

Sweet potato Dhansak served with rice, chips or half and half (Mu)(Vegan)...£11.25

Tatws trwy eu crwyn - Jacket potato

Gyda dewis o lenwad a salad - *with your choice of filling & salad garnish (Mu)*

Ffa pôb...£8.50

Baked beans (V)...£8.50

Caws ...£8.95

Cheese (V)(D) ...£8.95

Tiwna a *mayonnaise*...£10.75

Tuna & mayonnaise (F,E) ...£10.75

Corgimychiaid a saws môr...£13.95

Atlantic prawns & seafood sauce (C,E) ...£13.95

Brechdanau ffres - Freshly made sandwiches

Wedi eu gwneud i archeb ar fara gwyn neu frown gyda salad a chreision

Made to order on white or brown bread with a salad garnish and crisps (G,Mu,So)(GFA)

Ham a caws.... £8.95

Ham and cheese (D)....£8.95

Tiwna, *mayonnaise* a *nionyn coch*...£8.75

Tuna, mayonnaise and red onion (F,E)...£8.75

Corgimychiaid a saws y môr ...£10.75

Atlantic prawns & seafood sauce (C,E)...£10.75

Caws a thomato ...£7.25

Cheese and tomato (V)(D)...£7.25

Panini

Gyda dewis o lenwad wedi ei weini gyda salad a chreision

With a filling of your choice, salad garnish and crisps (G,Mu,*)

Ham a caws ...£8.95

Ham & cheese (D)...£8.95

Tiwna, caws tawdd a *nionyn coch* ...£9.75

Tuna, cheese melt and red onion (F,E,D) ...£9.75

Brie, cig moch a llugaeron ...£8.95

Brie, bacon and cranberry (D)...£8.95

Caws, tomato a *nionyn* ...£8.25

Cheese, tomato and onion (V)(D) ...£8.25

Ychwanegwch bowlen o sglodion at eich brechdan neu panini am... £2.50

Add a bowl of chips to your chosen sandwich or panini for (V)... £2.50

Prydau Plant - Children's Meals

Hanner penfras mewn cyteu ...£9.50

Half beer battered cod (F,G) ...£9.50

Bysedd pysgod ...£6.75

Fish fingers (F)(GFA)...£6.75

Darnau o gyw iâr mewn cyteu ...£6.95

Battered chicken nuggets (G,D,*) ...£6.95

Selsig cig moch ...£6.75

Pork sausages (G,So,Su)...£6.75

Pitsa 5" caws a thomato...£6.75

5" cheese & tomato pizza (V)(G,D)...£6.75

(Gweinir yr uchod gyda thatws stwnsh neu sglodion, a phys gardd neu ffa pôb)
(All above meals served with mash or chips and garden peas or baked beans)

Brechdanau plant - Children's sandwiches

Wedi eu gwneud i archeb ar fara gwyn neu frown wedi ei weini gyda creision

Made to order on white or brown bread served with crisps (G,So)(GFA)

Brechdan gaws ...£5.50

Cheese sandwich (V,D)...£5.50

Brechdan tiwna ...£5.50

Tuna sandwich (F,E)...£5.50

Brechdan ham ...£5.50

Ham sandwich ...£5.50

Ar yr ochr - Side orders

Dysgliaid o sglodion ...£3.00

Bowl of chips (V)...£3.00

Salad cymysg ...£5.50

Side salad (V)(Mu)...£5.50

Colslo ...£3.00

Coleslaw (V)(E)...£3.00

Dysgliad o gylchau nionod ...£3.75

Bowl of onion rings (V)(G)...£3.75

Hanner bagèt a menyn ...£1.50

Half baguette & butter (V)(G,D,*)...£1.50

Tafell o fara menyn ...£1.00

Slice of bread & butter (V)(G,D,So*)...£1.00

Bara garlleg ...£3.25

Garlic bread (V)(G,*)...£3.25

Bara garlleg gyda caws ...£4.25

Garlic bread with cheese (V)(G,D,*)...£4.25