

# Bwydlen Nos - Evening Menu

Mae prydau a nodir gyda (LI) yn addas i lysieuwyr ac mae'r alergeddau sydd yn y bwyd wedi eu nodi fel a ganlyn (G) Glwten, (CII) Cynnyrch Llaeth, (W) Wyau, (M) Molwsg, (Mw) Mwstard, (Cr) Cramenogion, (H) Helogau, (So) Soya, (Su) Sylphidau, (P) Pysgod, (Se) Sesame, (C) Cnau, (\*) Holwch aelod o'r staff gweini a fydd yn falch i'ch cynghori chi!

**Prydau Figan ar gael.**

Please note that dishes marked with (V) are suitable for Vegetarians.

All known Allergens present in dishes are marked with the following: (G) Gluten (D) Dairy (M) Mollusc (Mu) Mustard (E) Egg (C) Crustacean (Ce) Celery (So) Soya (Su) Sulphites (F) Fish (Se) Sesame (N) Nuts (\*) Recipe Specific.

However, if you require further information on the allergen content or require gluten free bread or wrap with your meal please ask a member of staff and they will be happy to advise you!

**Vegan meals available.**

## I Ddechrau - Starters

Madarch wedi ei lenwi â chennin hufennog a chaws Perl Las (LI,CII,Mw)...£5.75

***Flat Mushrooms filled with creamy leeks and Perl Las cheese (V,D,Mu)... £5.75***

Cawl cartref y dydd, gyda bara crystiog a menyn (LI,G,CII,H,So,\*)...£4.95

***Homemade soup of the day served with crusty bread & butter (V,D,G,Ce,So\*)...£4.95***

Dysglaid o gregyn gleision "Moules Mariniere" gyda bara crystiog a menyn (H,CII,M,G,So)...£8.50

***Bowl of mussels 'Moules Mariniere' served with crusty bread & butter (D,Ce,M,G,So)...£8.50***

Bara ffres gyda olew olewydd a finegr balsamic, gweinir gyda dysglaid o olewydd cymysg wedi eu marineiddio (LI,G,CII,Mw,Se,C)...£4.50

***Freshly baked bread with olive oil & balsamic vinegar served with a bowl of marinated olives (V,G,D,Mu,Se,N)...£4.50***

Coes hwyaden confit wedi ei weini â dail cymysg a saws mêl a soi (So,Mw,Su) ...£9.75

***Confit duck leg served with dressed leaves and honey and soy dressing (So,Mu,Su)...£9.75***

Tarten Brie a nionod wedi eu carameleiddio a'i weini â dail cymysg (G,CII,Su,Mw,W)...£5.75

***Brie and caramelised onion tart served with dressed leaves (G,D,Su,Mu,E)...£5.75***

Paté y dydd wedi ei weini gyda bara wedi ei dostio, nionod wedi eu carameleiddio a dail cymysg (G,Su,Mw,CII,H)...£7.25

***Paté of the day served with toasted bread, caramelised onions and dressed leaves (G,Su,Mu,D,Ce)...£7.25***

Corgimychiaid mewn menyn garlleg a tsili gyda bara ffres (Cr,CII,G)...£8.50

***King Prawns in garlic and chilli butter with fresh rustic bread (C,D,G)...£8.50***

### Prif Gwrs - Main Meal

Cyw iâr wedi ei lenwi a *mozzarella* a'i orchuddio mewn *cig moch* mewn saws gwin gwyn hufennog a sifys gyda pys a dewis o datws (CII) ...£12.95

***Breast of chicken stuffed with mozzarella and wrapped in bacon in a creamy white wine and chive sauce served with peas and a choice of potatoes (D)...£12.95***

Cyri cyw iâr Balti gyda reis, sglodion neu hanner a hanner (Mw, All gynnwys cnau) ...£12.25

***Homemade chicken Balti curry served with chips, rice or half and half (Mu, May contain nuts)...£12.25***

Golwyth cig moch gyda wŷy o Wyau Llŷn, pinafal, dewis o datws a phys o'r ardd (W)...£14.75

***Gammon steak topped with a free-range fried egg from Llŷn Eggs & grilled pineapple, choice of potatoes and peas (E)...£14.75***

Golwyth Rymp 10 owns **NEU** Syrllwyn 8 owns gyda tomato, madarch a cylchau nionod, dewis o datws a phys o'r ardd (G)...£19.25

***10oz Rump steak OR 8oz Sirloin steak with grilled tomato, mushrooms & onion rings, choice of potatoes and peas (G)...£19.25***

Cig eidion ar wely o datws stwnsh gyda pwdin Swydd Efrog, llysiau'r dydd a greffi cyfoethog (D,G)... £12.75

***Topside of beef on a bed of mash with Yorkshire pudding, vegetables of the day and a rich gravy (D,G) ...£12.75***

Byrgyr cig eidion mewn bap gyda sglodion a salad (G,CII,W,Mw,Su,C)...£12.50

Gyda tafell o gig moch - £1.00 yn ychwanegol neu gaws (CII) - £1.00 yn ychwanegol

***Beef burger in a floured bap served with chips & salad garnish (G,D,E,Mu,Su,N)...£12.50***

***Top with a rasher of bacon ... £1.00 or cheese (D) ... £1.00 extra***

Lasania cig eidion cartref gyda salad a bara garlleg (G,CII,Su,W,Mw,So)...£11.95

***Homemade beef lasagne served with salad and garlic bread (D,G,Su,So,E,Mu)...£11.95***

Ychwanegwch dysgliaid o sglodion am £2.00 - ***Add a bowl of chips for £2.00***

Stêc coes cig oen wedi ei goginio'n araf ar wely o datws stwnsh wed ei weini â chennin hufennog a greffi mintys (CII) ... £ 17.50

***Slow cooked lamb leg steak on a bed of mashed potato served with creamy leeks and mint gravy (D)...£17.50***

### Prydau Pysgod – Fish Dishes

Scampi wedi ei weini â sglodion cartref a phys o'r ardd neu pys slwj (G,Cr) ...£11.95

***Wholetail scampi served with chips and a choice of garden or mushy peas (G,C) ...£11.95***

Penfras mewn cytew Cwrw Llŷn wedi ei weini â sglodion a phys slwj neu bys o'r ardd (P,G,Mw)...£12.25

***Cod - deep-fried in Cwrw Llŷn batter and served with chips and a choice of garden or mushy peas (F,G,Su)...£12.75***

Ffiled o benfras wedi ei weini â ffa gwyrdd, tatws newydd a menyn lemwn a pherlyisiau (P,CII)...£13.50

***Cod fillet served with green beans, new potatoes and lemon and herb butter (F,D)...£13.50***

Ffiled o eog wedi ei weini â llysiau wedi eu rhostio, tatws newydd a saws tsili melys (P,...£15.75

***Salmon fillet served with roasted vegetables, new potatoes and sweet chilli sauce (F)...£15.75***

## **Prydau Llysieuol – Vegeterian Dishes**

“Mac a chaws” tri chaws gyda dail cymysg a bara garlleg (LI,CII,G)...£9.25  
**Three cheese “mac & cheese” served with dressed leaves and garlic bread (V,D,G)...£9.25**

Dhal sbigoglys, tatws melys a lentil (LI,Se,H) ...11.95  
Wedi ei weini gyda reis, sglodion neu ½ a ½  
**Spinach, sweet potato & lentil Dhal (Vegan) (V,Se,Ce)...£11.95**  
**Served with rice, chips or ½ + ½**

Peli cig fegan gyda saws tomato Eidalaidd a sbageti (LI,So,G) ...10.25  
**Vegan meatballs served with an Italian tomato sauce and spaghetti (Vegan) (V,So,G)...£10.25**

## **Prydau Plant - Children’s Meals**

Dysglaid o gawl tomato “Heinz”- gweinir gyda bara menyn (LI,G,CII)...£4.25  
**Bowl of ‘Heinz’ tomato soup – served with bread & butter (V,G,D)...£4.25**

Goujons penfras mewn cyteu (G,Su,P) ...£6.25  
**Homemade cod goujons (F,G,Su) ...£6.25**

Bysedd pysgod di-glwten (P)...£6.25  
**Gluten free fish fingers (F)...£6.25**

Darnau o gyw iâr mewn cyteu (G, all gynnwys cnau ddaear )...£5.95  
**Battered chicken nuggets (G, may contain peanuts) ...£5.95**

Selsig cig moch G,So,SU)...£5.95  
**Pork sausages (G,So,Su)...£5.95**

Pitsa caws a thomato (LI,G,Su)...£5.95  
**Cheese & tomato pizza (v) (V,D,G)...£5.95**

(Gweinir yr uchod â thatws stwnsh neu sglodion, a phys neu ffâ pôb)  
**(All above meals served with mash or chips and peas or baked beans)**

Lasania cig eidion, sglodion a phys (G,CII,W) ...£6.50  
**Beef lasagne served with chips and peas (G,D,E) ...£6.50**

### Ar yr ochr - Side orders

Dysgliaid fawr o sglodion cartref (LI)...£3.00

***Large bowl of homemade chips (V)...£3.00***

Salad cymysg ffres(LI)...£3.75

***Fresh side salad (V)...£3.75***

Llysiau y dydd (LI)...£3.50

***Garden vegetables of the day (V)...£3.50***

Colslo cartref (CII,W,Mw,LI)...£2.00

***Homemade coleslaw (V,D,E,Mu)...£2.00***

Dysgliaid o gylchau nionod (LI,G)...£3.00

***Bowl of onion rings (V,G)...£3.00***

Hanner bagèt a menyn (G,CII,So,LI)...£1.50

***Half baguette & butter (V,G,D)...£1.50***

Tafell o fara menyn (G,CII,LI)...£1.00

***Round of bread & butter (V,G,D)...£1.00***

Bara garlleg (G,CII,So,LI)...£3.25

***Garlic bread (V,G,D,So)...£3.25***

Bara garlleg gyda caws (G,CII,So,LI)...£3.95

***Garlic bread with cheese (V,G,D,So)...£3.95***