

Bwydlen Cinio - Lunch Menu

Please note that dishes marked with (V) are suitable for Vegetarians.

All known Allergens present in dishes are marked with the following: (G) Gluten (D) Dairy (M) Mollusc (Mu) Mustard (E) Egg (C) Crustacean (Ce) Celery (So) Soya (Su) Sulphites (F) Fish (Se) Sesame (N) Nuts (*) May contain known allergens..

However, if you require further information on the allergen content or require gluten free bread or wrap with your meal please ask a member of staff and they will be happy to advise you!

Vegan meals available.

GFA –Gluten Free Option Available

Prydau i ddechrau a byrbrydau – Starters & nibbles

Cawl cartref y dydd gyda bara crystiog a menyn ...£5.95

Homemade soup of the day served with crusty bread and butter (V)(G,D,Ce,*)(GFA) ...£5.95

Dysgliad o gregyn gleision 'Moules Marinere' gyda bara crystiog...£12.75

Bowl of mussels 'Moules Marinere' served with crusty bread (M,Ce,D,G,*)(GFA) ...£12.75

Salad avocado, tomato ceirios a nionyn ar ciabatta cynnes ... £5.75

Avocado, cherry tomato and onion salad on a warm ciabatta (G,Su,*)(VEGAN) ...£5.75

Cyw iâr halen a phupur ar wely o ddail cymysg a saws taco ...£8.95

Salt and pepper chicken on a bed of dressed leaves and taco sauce (G,So,Mu,E,*) ...£8.95

Cacen bysgod penfras a gorgimychiaid Thai ar wely o ddail cymysg a saws tsili melys ...£8.50

Thai cod and prawn fishcake on a bed of dressed leaves and sweet chilli dip (G,C,F,D,Mu,*) ...£8.50

Prif Gwrs – Main Meals

Golwyth syrllwyn 8 owns neu rym 10 owns gyda thomato, madarch, chylchoedd nionod, salad a dewis o datws...£28.25

8oz sirloin steak or 10oz rump steak with grilled tomato, mushrooms, onion rings, salad and a choice of potatoes (G,Mu) (GFA)...£28.25

Golwyth cig moch gyda wy wedi ei ffrio, pinafal, pys a dewis o datws...£17.95

Gammon steak topped with fried egg, pineapple, peas and a choice of potatoes (E)...£17.95

Byrgyr cig eidion budur gyda chaws, cig moch, cylchoedd nionod, gherkins a salad wedi ei weini gyda cholslo a sglodion...£16.95

Dirty beef burger with cheese, bacon, onion rings, gherkins and salad, served with coleslaw and chips (G,Su,So,D,E,*)...£16.95

Byrgyr cyw iâr budur gyda chaws, cig moch, cylchoedd nionod, gherkins a salad wedi ei weini gyda cholslo a sglodion...£16.95

Dirty chicken burger with cheese, bacon, onion rings, gherkins and salad, served with coleslaw and chips (G,Ce,So,D,E,*)...£16.95

Cyri cyw iâr Thai gwyrdd gyda reis, sglodion, neu hanner a hanner ...£14.25

Thai green chicken curry served with rice, chips or half and half (F,C,D) ...£14.25

Lasagne cig eidion gyda salad a bara garlleg...£13.95

Beef lasagne served with salad and garlic bread (G,D,Ce,Mu,*)...£13.95

Ychwanegwch bowlen o sglodion am... £3.00

Add a bowl of chips for (V)... £3.00

Cyw iâr yr Heliwr wedi ei weini gyda sglodion a phys gardd...£16.25

Hunter's chicken served with chips and garden peas (D)...£16.25

Cyw iâr Souvlaki wedi ei weini gyda bara pitta, iogwrt mintys, salad a sglodion...£13.75

Chicken Souvlaki served with pitta bread, mint yogurt, side salad and chips (G,D,Su)...£13.75

Penfras mewn cyteu Cwrw Llŷn wedi ei weini gyda sglodion a phys gardd neu bys slwj ...£19.50

Cod fillet deep-fried in Cwrw Llŷn batter served with chips and garden peas or mushy peas (F,G) ...£19.50

Scampi wedi ei weini gyda sglodion a phys gardd neu bys slwj...£13.95

Wholetail scampi served with chips and a choice of garden or mushy peas (G,C,*) ...£13.95

Dhansak tatws melys wedi ei weini gyda reis, sglodion neu hanner a hanner ...£12.95

Sweet potato Dhansak served with rice, chips or half and half (Mu) (Vegan)...£12.95

Pasta ffâ menyn, llyisiau a madarch ...£10.95

Butter bean, vegetables and mushroom pasta (G,Su,Ce) (VEGAN) ...£10.95

Byrgyr llyisiau moethus gyda sglodion a salad...£12.95

Luxury vegetable burger served with chips and salad (G,*) (VEGAN)...£12.95

Tatws trwy eu crwyt - *Jacket potato*

Gyda dewis o lenwad a salad - *with your choice of filling & salad garnish (Mu)*

Ffa pôb...£8.95

Baked beans (V)...£8.95

Caws ...£9.50

Cheese (V)(D) ...£9.50

Tiwna a *mayonnaise*...£11.50

Tuna & mayonnaise (F,E) ...£11.50

Corgimychiaid a saws môr...£14.95

Atlantic prawns & seafood sauce (C,E) ...£14.95

Salad - Salads

Salad cranc lleol – Dail cymysg, nionyn coch, tomato, ciwcymbr, pupur, betys a cholslo...£25.50

Local crab salad – Dressed mixed leaves, red onion, tomatoes, cucumber, peppers, beetroot and coleslaw (C,E,Mu)...£25.50

Salad cacennau bysgod penfras a gorgimychiaid Thai– Dail cymysg, nionyn coch, tomato, ciwcymbr, pupur, betys, colslo a tsili melys...£19.95

Thai cod and prawn fishcake salad – Dressed mixed leaves, red onion, tomatoes, cucumber, peppers, beetroot, coleslaw and sweet chilli (F,G,C,E,D,Mu, *)...£19.95

Salad cyw iâr halen a phupur – Dail cymysg, nionyn coch, tomato, ciwcymbr, pupur, betys, saws taco ...£12.95

Salt and pepper chicken salad – Dressed mixed leaves, red onion, tomatoes, cucumber, peppers, beetroot and taco sauce (G,So,E, *)...£12.95

Salad gorgimychiaid mewn saws y môr- Dail cymysg, nionyn coch, tomato, ciwcymbr, pupur, betys a cholslo...£16.75

Atlantic prawn in seafood sauce salad – Dressed mixed leaves, red onion, tomatoes, cucumber, peppers, beetroot and coleslaw (C,E,Mu)...£16.75

Salad cyw iâr, cig moch ac *avocado* – Dail cymysg, nionyn coch, tomato a chiwcymbr...£15.75

Chicken, bacon and avocado salad – Dressed mixed leaves, red onion, tomatoes and cucumber...£15.75

Dewis o saws – *Caesar* neu mêl a mwstard

Choice of dressing – Caesar (D,E,*) or Honey mustard (Mu)

Ciabatta cynnes – Warm Ciabatta

Gyda dewis o lenwad wedi ei weini gyda salad a chreision
With a filling of your choice, salad garnish and crisps (G,Mu,*)

Ham, caws a siytni afal... £10.25

Ham, cheese and apple chutney (G,D)...£10.25

Tiwna, *mayonnaise* a nionyn coch...£10.25

Tuna, mayonnaise and red onion (F,E)...£10.25

Gorgimychiaid a saws y môr ...£11.95

Atlantic prawns & seafood sauce (C,E)...£11.95

Cyw iâr, tomato ac *avocado* ...£10.75

Chicken, tomato and avocado ...£10.75

Cig moch, letys a thomato...£9.25

BLT – Bacon, lettuce and tomato ...£9.25

Cyw iâr y coroni ...£10.25

Coronation chicken (E) ...£10.25

Cyw iâr yr Heliwr ...£11.25

Hunter's chicken (D) ...£11.25

Ciabatta wedi ei dostio - Toasted Ciabatta

Gyda dewis o lenwad wedi ei weini gyda salad a chreision
With a filling of your choice, salad garnish and crisps (G,Mu,*)

Ham, caws a thomato ...£10.50

Ham, cheese and tomato (D)...£10.50

Tiwna, caws wedi ei doddi a nionyn coch ...£11.25

Tuna, cheese melt and red onion (F,E,D) ...£11.25

Mozzarella, tomato a phesto ...£8.25

Mozzarella, tomato and pesto (V)(D,Su) ...£8.25

Cig Eidalaid, *mozzarella*, tomato a phesto ...£10.95

Italian meat, mozzarella, tomato and pesto (D,Su) ...£10.95

Brie, cig moch a llugaeron ...£10.50

Brie, bacon and cranberry (D)...£10.50

Cyw iâr *Souvlaki* a *mozzarella* ...£10.75

Chicken Souvlaki and mozzarella (D,Su)...£10.75

Ychwanegwch bowlen o sglodion at eich *ciabatta* am... £3.00

Add a bowl of chips to your chosen ciabatta for (V)... £3.00

Prydau Plant - Children's Meals

Hanner penfras mewn cyteu cwrw ...£10.50

Half beer battered cod (F,G) ...£10.50

Bysedd pysgod ...£6.95

Fish fingers (F)(GFA)...£6.95

Darnau o gyw iâr mewn cyteu ...£7.50

Battered chicken nuggets (G,D,*) ...£7.50

Scampi ...£8.25

Scampi (G,C,*) ...£8.25

Selsig cig moch ...£6.95

Pork sausages (G,So,Su)...£6.95

Pitsa 5" caws a thomato...£6.95

5" Cheese & tomato pizza (V)(G,D)...£6.95

(Gweinir yr uchod gyda thatws stwnsh neu sglodion, a phys neu ffa pôb)

(All above meals served with mash or chips and peas or baked beans)

Lasagne cig eidion, sglodion a phys ...£8.95

Beef lasagne served with chips and peas (G,D,Ce,Mu,*) ...£8.95

Ar yr ochr - Side orders

Dysgliaid o sglodion ...£3.50

Bowl of chips (V)...£3.50

Salad cymysg ...£5.50

Side salad (V)(Mu)...£5.50

Colslô ...£3.50

Coleslaw (V)(E)...£3.50

Dysgliaid o gylchoedd nionod ...£3.75

Bowl of onion rings (V)(G)...£3.75

Bara Crystiog a menyn ...£2.25

Crusty bread and butter (V)(G,D,*)...£2.25

Bara garlleg ...£3.25

Garlic bread (V)(G,*)...£3.25

Bara garlleg gyda caws ...£4.25

Garlic bread with cheese (V)(G,D,*)...£4.25