

Lunch Menu

Please note that dishes marked with (V) are suitable for Vegetarians.

All known Allergens present in dishes are marked with the following: (G) Gluten (D) Dairy (M) Mollusc (Mu) Mustard (E) Egg (C) Crustacean (Ce) Celery (So) Soya (Su) Sulphites (F) Fish (Se) Sesame (N) Nuts(*) Recipe Specific. However, if you require further information on the allergen content or require gluten free bread or wrap with your meal please ask a member of staff and they will be happy to advise you!

STARTERS & NIBBLES

Freshly baked bread with olive oil & balsamic vinegar served with a bowl of marinated olives (v,g)...£4.50

Homemade soup of the day served with a freshly baked half baguette & butter (v)
(v,g,d,...)*...£4.95

Bowl of mussels 'moules mariniere' served with a freshly baked half baguette & butter
(m,g,d)...£7.25

Whitebait lightly coated in a fine crispy crumb served with bread & butter and tartar sauce
(f,d,g,e,mu)...£6.25

Southern fried chicken goujons served on a bed of dressed leaves and a sweet chilli sauce
(g,mu,ce) ...£5.25

MAINS

10oz Rump steak, mushrooms, onion rings (g) and grilled tomato served with a choice of potato and garden peas...£17.95

Gammon steak topped with grilled pineapple and a free-range fried egg (e) from llyn eggs served with a choice of potato and garden peas...£12.95

Wholetail scampi served with chips and a choice of garden peas or mushy peas (g,c)...£11.95

C

Cod - deep-fried in cwrw llyn batter and served with chips and a choice of garden peas or mushy peas (f,g,e,mu)...£12.25

Homemade beef lasagne our chefs take on this classic dish served with garlic bread and salad (g,d,e)...£11.50
add chips for £2.00

Beef burger in a floured bap served with chips, coleslaw & salad garnish (g,d,e,mu,su,n)...£12.50

Southern fried chicken burger in a floured bap served with chips, coleslaw & a salad garnish (g,d,e,mu,ce)...£12.25

Spicy bean burger (v) in a floured bap served with chips, coleslaw & salad garnish (g,d,e,mu)...£11.25

top with a rasher of bacon ... £1.00 or cheese (d) ... £1.00 extra

Whitebait lightly coated in a fine crispy crumb served with chips, salad and tartar sauce (f,d,g,e,mu)...£10.50

HOT BAGUETTES (G,D,Mu)

FRESHLY MADE TO ORDER

Local pork & leek sausages and caramelised onions (g,d,mu,so,su)...£7.25

Southern fried chicken, lettuce & garlic chilli mayo (g,d,e,mu,ce)...£7.95

FRESHLY MADE SANDWICHES (G,D,Mu)

MADE TO ORDER ON WHITE OR BROWN BREAD FROM ISLYN BAKERY

Mature cheddar cheese (g,d,v,mu)....£5.00
with onion (v) , tomato (v) or pickle (v) (g,su) ... 30p extra per item chosen

Local ham (g,d,mu)...£5.50
with 'calon lan' welsh red mustard (mu,su) ... 30p extra per item chosen

Local ham & cheese (g,d,mu)...£6.25

Tuna & mayonnaise (g,d,f,e,mu)...£5.95

Atlantic prawns & seafood sauce (g,d,c,e,mu,...)£7.25

PANINI (G,D,Mu)

LIGHTLY TOASTED

Ham & cheddar cheese (g,d,mu)...£7.25

Tuna & cheddar cheese melt (g,d,f,e,mu) ...£7.25

Mozzarella, tomato & pesto (g,d,mu,su) ...£6.75

Brie, bacon and cranberry (d,g,mu)...£7.25

add a bowl of chips to your chosen sandwich, baguette or panini for £2.00

JACKET POTATO (G,Mu)

WITH YOUR CHOICE OF FILLING & A SALAD GARNISH

Baked beans (v)...£6.50

Mature cheddar cheese (v) (d) ...£6.50

Tuna & mayonnaise (d,f,e,mu) ...£8.50

Atlantic prawns & seafood sauce (d,c,e,mu) ...£8.75

CHILDREN'S MENU

Bowl of 'Heinz' tomato soup – served with bread & butter (g,d,v)...£4.25

Homemade fish goujons (f,g)...£6.25

Gluten free fish fingers (f)...£6.25

Battered chicken nuggets (g,n)...£5.95

Pork sausages (g,so,su)...£5.95

Cheese & tomato pizza (v) (g,d)...£5.95

(all above meals served with mash or chips and peas or baked beans)

Beef lasagne served with chips and peas (g,d,e)...£6.50

CHILDREN' SANDWICHES

MADE TO ORDER ON WHITE OR BROWN BREAD FROM ISLYN BAKERY SERVED WITH CRISPS

Jam sandwich (G,D)...£3.50

Cheese sandwich (G,D)...£4.00

SIDE ORDERS

Large bowl of homemade chips (v)...£3.00

Fresh side salad (v)...£3.75

Garden vegetables of the day (v)...£3.50

Bowl of homemade coleslaw (v,e,mu,d)...£3.00

Bowl of onion rings (g,v)...£3.00

Half baguette & butter (g,d,v)...£1.50

Round of bread & butter (g,d,v)...£1.00

Garlic bread (g,d,v)...£3.25

Garlic bread with cheese (g,d,v)...£3.95